

CITY OF  PITTSBURGH
OFFICE OF THE MAYOR

A Proclamation

By virtue of the authority vested in me as Mayor of the City of Pittsburgh, I do hereby issue this proclamation honoring

**4th ANNUAL
WORLD T'AI CHI DAY
April 28, 2007**

WHEREAS, *World T'ai Chi Day is a global health education event celebrated in 50 nations annually; and*

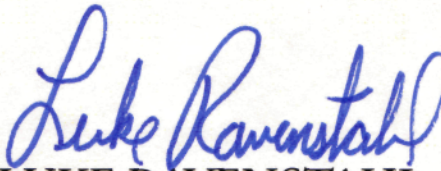
WHEREAS, *T'ai Chi Ch'uan utilizes traditional Chinese medical theory that focuses on balancing mind and body energy through meditated movement; and*

WHEREAS, *T'ai Chi is a martial art for many fitness levels that helps improve and maintain health by increasing physical coordination and deep relaxation through slow, guided motions; and*

WHEREAS, *for 4 years, David Clippinger, Director of Still Mountain T'ai Chi and Chi Kong School, has promoted a day of free demonstrations and workshops in the spirit of working for the health of everyone in Pittsburgh.*

NOW THEREFORE BE IT RESOLVED *that I, Luke Ravenstahl, Mayor of the City of Pittsburgh, do recognize Still Mountain T'ai Chi and Chi Kung School for their dedicated effort to promoting the health and healing of men and women in the greater Pittsburgh area by providing helpful stress reduction and behavior modification measures. I do hereby declare April 28, 2007 "World T'ai Chi Day" here in the City of Pittsburgh.*




LUKE RAVENSTAHL
Mayor